



MONTEREY NEWS

FEBRUARY 1983



ENERGY PROJECT REPORT

At the January 17 selectmen's meeting, Al Silverstein, representing the Monterey Energy Project, made a report on the recent audit of three town buildings, the Monterey Schoolhouse and Town Offices, the old firehouse, and the Town Shed. According to Al, Monterey made an arrangement with the state two years ago for an energy audit by a certified energy engineer. Rich McFadden, town engineer from Mount Washington, was chosen to do the audit. The cost was \$372 for three buildings.

Prior to outlining the conclusions and recommendations, Al said that he hopes there will be energy conservation measures funded by the Town to implement the recommended measures. Among the cold facts cited were the following: To insulate the walls of the old firehouse will cost \$1,200. There is a cracked door and cracked window panes in the Town Shed. The heater efficiency is 70.9%. Above 80% is good. A new burner is recommended. To install a \$165 thermostat in the schoolhouse will save \$250 a year.

It is up to the Finance Committee and the selectmen to decide on what the Town can afford in the way of improvements.

Milly Walsh, chairman of the Monterey Energy Project, asked the selectmen whether she could have permission to apply to the state Energy Office to be accepted into a program which finds sources of money for towns looking to solve energy-related problems. The selectmen gave her the go-ahead. The Energy Project is interested in finding new uses for the old firehouse. Possible uses include housing some of the overflow road equipment for the Town, converting it for use as Town offices, a senior citizen center, or a rented property of the Energy Project, which would then spend its own money and labor to enhance the potential of the building.

An open meeting will be scheduled in late March to solicit opinions and ideas from townspeople on uses for the old firehouse.

Except where otherwise noted, photographs by Susan McAllester.

ANNOUNCEMENT

Final deadline for submissions to Monterey Town Report is Wednesday, February 23, at the Town Offices.

FOOD DAY

Over 100 people attended events in the Monterey Fire Station and the United Church of Christ Social Room on Monterey Food Day, Saturday, February 5. Visitors selected from among workshops on "Small Fruit Growing" by Extension Agent Karen Hauschild, "Manageable Salad Gardens" by truck farmer Susan Sellev and "Nutritional Biggies" by nutritionist Sally Conklin. Michele Miller demonstrated breadmaking for part of the day, and Dara Jensen made homemade ravioli and linguini for the rest. Jan Lanoue displayed a vest and hat made of rabbit pelts as well as literature on rabbit growing. There was information on local wool growers, the Sharecropper's Organization, the County Extension Service, and other sources of goods to be had nearby.

Karen Schulze and Ramya Cohen took turns offering samples from an array of plates full of tangled mounds of green sprouts, everything from adzuki and alfalfa sprouts to lentils, rye and garbanzos. There were sprouting kits for sale at cost, courtesy of Milly Walsh, and the Monterey Food Coop provided seeds to buy and try at home. Janet Thieriot manned a table offering snacks made from local foods. These included homegrown chicken, rabbit and egg salad sand-

Continued on page 7

SCENES FROM MONTEREY FIRE COMPANY OPEN HOUSE (More on page 9)



Mark Paul exclaims over Edward and Terry Cahan's 2' x 6' cake. Bemused hostess Milly Walsh looks on.

OUR CHURCHES



CATHOLIC CHURCHES

Masses Schedule

Our Lady of the Valley, Sheffield

Saturday, 5:30 p.m.

Sunday, 7:30 and 10:30 a.m.

Immaculate Conception, Mill River

Sunday, 10:00 a.m.

UNITED CHURCH OF CHRIST

Worship and Regular Meetings

Preschool Class, each Sunday at 9:15 a.m.

Morning worship each Sunday at 10:30 a.m. with childcare at same time in the Social Room. Choir rehearsal, Tuesdays, 7:00 p.m. at the Church. Meditation and prayer, 7:30 a.m., in the Social Room. All are invited. Prayer group, Thursdays, 7:45 p.m. at the home of Lucy Smith.

NEW INITIATIVES IN CHURCH DEVELOPMENT

The Annual Meeting of the congregation voted to participate in the national program called *New Initiatives in Church Development*. This is a plan to develop 150 new congregations during the 1980s in areas that are being built up—and to strengthen existing situations. None of the funds generated by this program will be used for buildings but only for programs.

Our church will be joining with others in the area to train for presenting this program. It will be presented to the local churches between Easter and Pentecost.

BIBLE STUDY ON DISCIPLESHIP IN THE NUCLEAR AGE

Three weeks of a five- or six-series study of the book, *The Risk of the Cross: Christian Discipleship in the Nuclear Age*, have been completed. The meetings are each Thursday at 7:30 p.m. at the home of Lucy Smith. The book of Mark is being used as the Biblical text as background for the study. Climaxing the study will be a mass meeting of various study groups meeting throughout the Berkshires. The meeting will be in Pittsfield and will feature as the main speaker The Rev. Dr. William Sloane Coffin, pastor of Riverside Church in New York City.

CHURCH GROUP STUDIES BIBLE AND PEACE

A group of local residents are attending weekly sessions at the home of Mrs. Arthur D. Smith on Beartown Mountain Road, studying Bible teachings that relate to nuclear war. The classes are chaired by Mrs. Judith Hauer of Tyringham and Rev. Virgil Brallier of Monterey's United Church of Christ. Twenty-nine similar Church groups from more than 12 religious denominations are participating in similar studies in Berkshire County. The studies were started by the Interfaith Task Force for Peace, a predominantly religious organization that meets regularly at St. Teresa's Church in Pittsfield. Following a five-week period of study there will be an all-day Convocation for Peace on March 6 in Pittsfield, at which the Rev. William Sloane Coffin of New York's Riverside Church will be the main speaker.

Berkshire County organizations interested in setting up tables for literature distribution at the Convocation should contact the Coalition for Peace, 175 Wendell Avenue, Pittsfield. For further information contact Rev. John Messerschmitt, at Pittsfield's First Church of Christ Congregational, 38 East Street; (413) 499-4090.

— Bernard Kleban

LENTEN SERIES TO STUDY COVENANT

Beginning with Tuesday, February 22, and continuing through March 1, 8, 15, 22 and 29, the Lenten Study this year will focus on the concept of covenant in religious usage. The meetings will begin with a continental breakfast for twenty minutes, and the remaining 40 minutes will be for study. The design for the study is as follows:

February 22. To discover the meaning of covenant as it appears in our everyday lives.

March 1 and 8. Reviewing covenant in the Bible. Looking at the historical perspective of situations where covenant appears as an important dimension.

March 15. Covenant in the history of the Christian Church.
March 22 and 29. When the study is completed to this point, we will proceed in one of two possible directions: (1) work on reformulating a covenant for our church, or (2) reviewing the effect of covenants on the national history of Biblical peoples.

The sessions will meet in various homes in the community. A schedule will be published in the weekly bulletins and on the town bulletin board. All are welcome to this Lenten study.

SPRING CLEANING ENTHUSIASTS, EARLY AND LATE

The Monterey Fire Company, Ltd., can use kitchen equipment: ladles, spoons, forks, knives, pots and pans. Also books: encyclopedias, dictionaries, fire-related fiction and nonfiction, just plain interesting books. Also pictures: prints, paintings or photos, fire scenes or just good scenes.

GROWING

We praise growth in persons. We rejoice when our children grow. Growth is universally approved and applauded. Since growth is praised by all, we could assume that growth is one of the most common of human experiences. Is it? Probably. Yet the pathway of life is also littered with many hindrances to growth. People get boxed in, stopped, trapped. They feel out of tune with life and certainly with the process of growth. If growth is common to life, most people will also testify to periods in which they feel growth is inhibited in their lives.

In the early years growth seems almost automatic. One new experience after another comes to the child. Digesting, assimilating, integrating new experiences is the stuff out of which growth is made. The child is rushed through physical and emotional changes so rapidly that some kind of growth is inevitable. Yet growth is not automatic. It is simply that so many of the conditions for growth are present in the child's life that it is almost impossible not to grow.

What are these conditions for growth? We make no pretense of being exhaustive, but note some of the most obvious ones: (1) The introduction of new experiences; (2) The freedom and willingness to make mistakes; (3) Awareness; (4) Lively contact with one's feelings. These ingredients are usually all present in most learning situations.

Consider the importance of new experiences. When growth slows down in adult life, is it not usually because we settle into routines? As much as we need new experiences we also dread them. We don't want life to have surprises. As a result, we slow down on introducing ourselves to new educational or social experiences. We "settle into" our job, our community, our relationships. The incitements to growth are diminished. If we choose to grow, then we must be choosing to engage in experiences that challenge, yes, even threaten us.

Consider how important it is to be willing to make mistakes. The child makes "mistakes" very often. Watch a child learning to walk. Falling. Getting up again. Falling. Getting up again. But behold, it works. Because the youngster is not afraid to fall he soon is walking. Would that as adults we didn't become so self-conscious of falling! But no, we feel embarrassed, we call ourselves stupid, we start trying to cover up our mistakes. And so we stop growing! How much more rapidly we could grow if we were to remember Martin Luther's startling advice, "Sin bravely and trust God more bravely still." A new situation comes. Have the courage to act. You may fall on your face. But act. How awesome are the consequences of demanding of yourself that you shall act perfectly or not at all.

Awareness is a vital factor to growth. Awareness and seeing have much in common. But awareness has the ability to know and connect things together. Learning our own story is critical to our growing. There is a saying that those who do not learn from history are destined to repeat history. This is as true for persons as it is for nations. If I do not learn, for instance, how fruitless is my habit of knocking myself down, I will likely keep on doing it over and over again. Self-punishment becomes my pattern. Worst of all, I will only faintly recognize this pattern. The point at which I will recognize it is after I have just done it again. Awareness is the tool needed to see this earlier in the game—so I can break the pattern before it plays itself out fully. Until I sharpen my

awareness of this tendency to run myself down, I cannot even begin to deal with this pattern which hinders my growing.

Most of us need the help of others to increase our self-awareness. Unless we allow others to become mirrors to help reflect back to us the images created by our actions, how will we overcome our blindnesses? We cannot be human alone. We really cannot grow alone. We need the playback that others give us. Otherwise, we have only our own distorted, prejudiced vision. Every day I thank God for "the other(s)" around me. My own awareness is too limited for the real growth of which I am capable.

Finally, learn to rejoice in your ability to *feel*. Without feeling, how do you get the signals that help you grow? Yet there are powerful encouragements in our society toward repressing emotions as we grow older. We experience trouble because of what we feel, so we start to distrust feelings. This cripples our guidance system. It is as though we were flying a plane by radio beam and then the beam fades out. We become ashamed of some things we feel and condemn them as childish; we dismiss our anger as immature; we call our tender feelings sentimental. Yet as we reject our feelings we begin to reject elements necessary for growth. If we want to continue growing "through length of days," we must open, free our feelings rather than reject or deny them.

Accepting our humanity is critical for all who would grow. Yet this is the beginning of what many of us believe to be the acceptance of God. God's greatest gift to us is our own being. Until we accept ourselves and the conditions for growth built into our humanity, we are denying God, who is the very source of life.

— Virgil V. Brallier, Minister
Monterey United Church of Christ



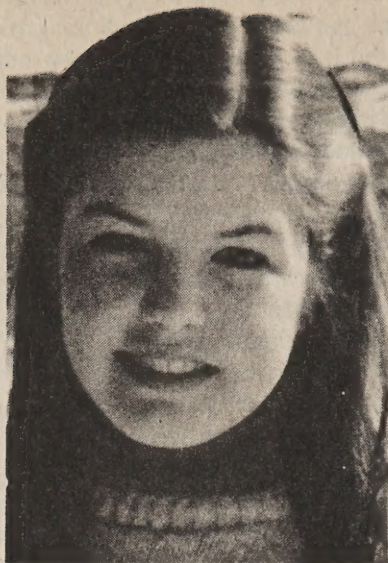
LADIES AID SOCIETY

Ladies Aid held its January meeting at the home of Mary Ward, 14 attending. It was a work session. Our directress passed around some letters of appreciation from the young mothers who attended our children's party and repeated some oral comments. She also showed a library book her grandchildren had selected for her. It was entitled *A Particular Passion*, and every chapter was written, or spoken in interview, by a woman who was eminent in some field—they ranged from running a bookstore, through composing ballets, to research in physics. Jean said they made her feel glad she was a gal.

Even a hasty skimming revealed their "secret of success"—no secret—a complete dedication to their project, in all its particulars.

The next meeting was scheduled for Thursday, February 10, at 1:30 in the church social room; Margery Janes, hostess.

— Margery Janes



Katy Bradley, Youth Editor.

YOUTH NEWS

Brownies

The girls made nature buckets for three weeks this month. They will take these along when they go on hikes and walks, to collect outdoor treasures. The girls really did a good job and had fun doing it.

The girls also worked on posters for the Monterey Food Day, held February 5.

Juniors

The Juniors start their cookie sales on February 12, so don't be surprised if a little Girl Scout comes knocking on your door!

The girls are also working on their First Aid badges.

Tigers (Mrs. Callahan)

The Tigers met at the Loder home as planned, and Kip and his mother, Nancy Loder, were the hosts. The boys were led on a winter nature hike, and Robert Rauch led the "pack."

The Tigers attended the Blue and Gold Dinners on February 6 and 11 at the Ladies Aid Hall in Southfield.

The next meeting was scheduled for February 3 at the home of Mrs. Callahan and her son Chris.

Den 3 (Mrs. Harvey)

The boys prepared for the Blue and Gold Dinners which they too attended on February 6 and 11.

MONTEREY PLAY GROUP

A children's play group has been formed by Leslie Scutellaro and Peggy Small. It will meet once a week on Wednesdays from 9:30 to 11:30 a.m. in McKee House at Gould Farm. Parents are advised to park in a parking lot down the road from McKee House. There is a sign out front identifying the building. For information call Leslie (528-9244) or Peggy (528-2446).

NEWS FROM NEW MARLBOROUGH CENTRAL SCHOOL

Grade 1 has been very busy since returning to school after Christmas vacation. They have finished their PUG readers and are now reading SUN TREE. They made eskimos which are decorating the first grade bulletin board, creating quite a beautiful winter scene.

Grade 2 celebrated Epiphany Christmas on January 6. They all received a small gift from their teacher, Mrs. O'Connell, and talked about Christmas customs around the world. They made ground hog puppets and visited the first grade, where they recited the poem "Little Ground Hog" on February 1. In the reading department, they have finished their GREEN FEET readers and are reading now in BLUE DILLY DILLY.

Third and fourth grade students are participating in the St. Jude Math-a-thon, which is a school-approved activity to raise funds for the St. Jude Research Hospital. St. Jude's Hospital is a nonsectarian, interracial and completely free hospital to referred patients. Research and medical attention is administered to children afflicted by leukemia, Hodgkins disease and other forms of cancer, infantile malnutrition, muscle disorders and other maladies of childhood. The Math-a-thon involves a child in finding sponsors to make pledges for their completion of math activities and problems in a "Funbook" workbook. The children will complete approximately 200 problems over a two-week period, collect the contributions and forward them to St. Jude Children's Research Hospital.

Grade 4 has written their pen pal letters to fourth grade students in Garrison, North Dakota. One day a week after school, they travel to the Great Barrington library in small groups with their teacher, Roberta Roy. They saw a film on ecology supplied free of charge by the Massachusetts Electric Company. During the month of January they have made carob fudge and seven-layer bars with the help of their aide, Mrs. Nell MacKenzie.

Report cards went home on February 1 due to the snow day on January 31.

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GOULD FARM NEWS

Gould Farm is purchasing two houses in the Boston area, each house having already been divided into four apartments. Closing on the house in Waltham took place on Wednesday, January 26. The closing for the house in Newton is scheduled for mid-February. These houses supplement our Farrington House, with a capacity of twenty, in Lincoln, near Lexington and Concord. This expansion of our program is to provide housing in an area where jobs are readily available for those who have learned work and social skills at the Farm but who otherwise in many instances would not be able to find adequate housing and employment opportunities. We now have sixteen residents at Farrington House and quite a number of other "graduates" of our program living and working in the Boston area. The implementation of this program is the task of our new Boston-area director, Neil Luberoff, who works closely with the Gould Farm executive director and treasurer.

Ted Park arrived as expected on January 2. He had learned about the Farm through the work-study program of Antioch College, where he is a first-year student. He plans to be here, as a member of the junior staff, until early April. He hopes to major at college in studies that will prepare him for working with people. Ted's home is on Cape Cod, where he grew up.

Dyan Sullivan heard about Gould Farm from a friend in Monterey. She came to join the staff in mid-January. Her early home was in Yonkers, New York. In recent years she has lived in Fairfield, Connecticut. Along the way she has picked up skills that make her admirably suited to life on the staff of this community, where she says she would like to stay indefinitely.

For the past nineteen years, the Rev. Richard E. Lindgren has served three different Lutheran parishes in New England. For the last four years he served as pastor of Lutheran Church of the Redeemer, in Woburn, Massachusetts. He has also served the past four years on the Board of Directors of the William J. Gould Associates, and for twelve years he has conducted a two-week work camp for young people at Gould Farm.

On January 1, 1983, he began his duties on the staff at Gould Farm, his primary responsibility being that of a house parent at McKee House, where he is responsible for fourteen guests. Rich spends weekday evenings with the guests at McKee House, sharing and discussing concerns of individual guests. In addition, he shares in the daytime farm chores of cutting wood and working with the animals in the barns. He is the father of Eric, age 15, and Lisa, age 12, who live in Woburn. Rich's hobbies are music, hiking, and cross-country and downhill skiing.

DAVID N. HELLMAN

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MONTEREY HISTORICAL SOCIETY

The Library

As far back as 1829 the Town of Monterey had the beginning of a library. A group of villagers passed their own books and pamphlets around to one another. Sixty volumes were circulating.

Later on, a reading circle was formed, including such names as Mrs. Marshall Bidwell, Mrs. George Morse, Mrs. Henry Woods, Mrs. Herbert Smith and Mrs. Wilber Miner. This group formed the Monterey Free Library in 1891 and published a catalogue listing books and the rules and regulations.

The Town Report of 1906 listed donors of books for the Library as well as a \$50 appropriation from the Town. Summer boarders often gave entertainments which netted the Library additional money.

At this time, the old cobbler's shop, located about where the Post Office now stands, housed the books. The librarian was Della Tryon.

In 1907 there was "phenomenal growth" and a need for more space was recognized. New shelving was added and less frequently used books were moved.

Alice Tryon Conley, a sister of Bert Tryon, died in 1910 in Torrington, Connecticut, where she lived. She remembered her hometown by leaving 125 books from her private library and \$500 toward a building fund.

Several years later application was made to the Carnegie Foundation for aid in erecting a new, larger building. The request was turned down, as it was felt that the town was not large enough to support it.

The number of books continued to increase and space was becoming very limited. The new art school gave more books and a donation of about \$30. At this time Harvey Bogart was our librarian.

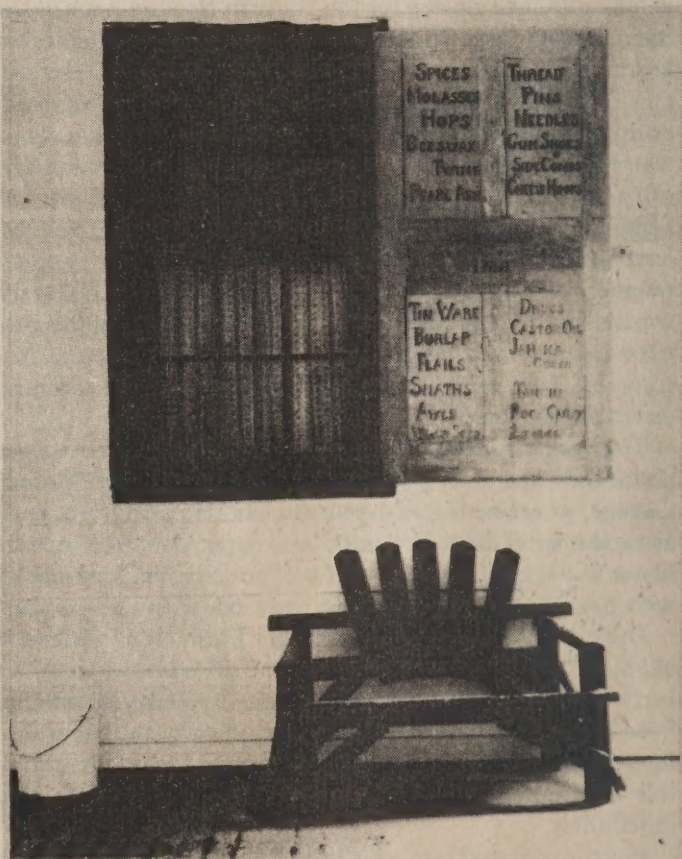
The former Langdon mill property, then owned by the Monterey Dramatic Society, was acquired by the town. It was to be used for a public park and library site and never to be sold.

The Library was crowded. Every available space was being used and a new building was badly needed. The Conley Fund had grown to almost \$3,000 in 1929, and \$7,000 was finally appropriated at town meeting, which was enough to erect the new building. Dick Bidwell of Monterey was the builder and Newman Abercrombie was the first librarian in the present building.

In 1930 the building was completed and gifts of more books, a lamp and fireplace equipment were added. The Library has continued to grow and is a most important part of community life for residents and summer visitors alike. Anne Makuc is the very busy and able librarian.

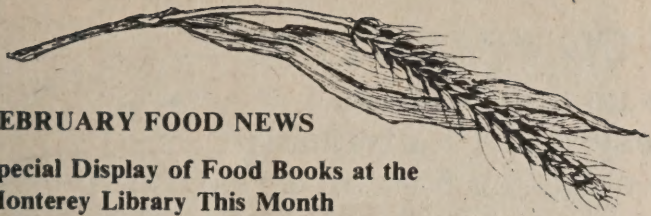
— Sally Fijux 6

MONTEREY GENERAL STORE



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FEBRUARY FOOD NEWS

Special Display of Food Books at the Monterey Library This Month

Anne Makuc, with the help of Miss Barbara Morey at the Pittsfield Bookmobile, has assembled a grand assortment of books about food and self-sufficiency out of the collection of the Western Massachusetts Regional Library System. The books will be on display during the month of February in the Monterey Library. There is something for everybody, especially for kids.

There is a whole assortment of children's books on cooking and one (thank goodness) on washing dishes. There are books on all kinds of foods: milk, maple syrup, pumpkins, tomatoes, a cat named potato, *The Giant Jam Sandwich*, *The Big Cheese*, blueberries, maize, *Cabbage Moon*, and a food alphabet. There are books on growing, seeds, and babies (*Play with Seeds*, *Rain Makes Applesauce*). There are longer books for older kids about life in the woods and on the farm and about Johnny Appleseed. There are books about edible and/or pettable animals. There's one called *How to Spank a Porcupine*. There are lots of gardening books and one unclassifiable books called *Science Experiment You Can Eat*. As for the arts, there are two books of plays for children which include plays about seeds, spring, health and the stars; one book of animal rounds and *The Pooh Song Book*. Who could ask for more?

If any groups of kids find a good project or a good drama among these books, call Ellen Pearson (528-1988), and we'll write it up in the paper or put you on stage.

For grown-ups there is the same variety and abundance. Start checking books out now and by spring you'll know how to garden organically, ecologically or indoors, how to forage for wild vegetables, fruits or animals and how to cook them, how to dry, can, freeze or root-cellar foods, how to smoke meat and how to compost.

For the even more dedicated there are books on small farm management, homesteading, animal raising (pigs, sheep, goats, cows, chickens and horses), growing fruits, and growing trees and shrubs. There's cooking lore from sprout cooking to food processor cooking.

Hurry, hurry. Read all about it.

Coming in on the Wires

Eric Craven called and said that as a part of the Food Project he'd like to see a Trading System set up among gardeners. For instance, Eric can't grow potatoes on his soil up at Meadowlark. But he can grow green beans by the bushel. Does anybody want to grow extra potatoes and trade some of them for Eric's beans? Any other traders and tradables out there?

Community Garden

It's time to start planning, buying seeds and finding plots for Community Gardening. Anybody who's interested call Ellen Pearson at 528-1988. Summer residents who want to be part of the action should write to Food Project, Box 264, Monterey 01245. Just send your name and your special interest so we'll know how to plan.

Continued from front page:

wiches on bread from the ovens of Michele Miller and Leslie Miller, three varieties of local apples, provided by Bob Thieriot from the Corn Crib, and apple cider from Taft Farms. Down at the church, County 4-H leaders provided entertainment for kids with demonstrations of ice cream and butter making, as well as lore on chicken and rabbit raising.

Door prizes were a copy of the book *Putting Food By*, donated by Milly Walsh and won by Gig O'Connell, four raspberry plants from Agway won by Ellen Pearson, and a 30-minute nutritional consultation with Sally Conklin won by Peggy Thieriot.

On Friday night before Food Day, Coordinator Susan Sellew, Extension Agent Cathy Roth and Food Project Chairman Ellen Pearson showed two movies on farming and food systems to a crowd of devotees. Popcorn and cider were served, John Sellew sang two food songs, one bitter, one sweet, and a lively discussion followed.

Members of the Monterey Food Project expressed gratitude both to the Monterey Fire Company and to the United Church Christ for their generosity in offering the use of their premises for the activities of Food Day.

Future workshops planned in the immediate future by the Food Project Committee will be:

Ice Fishing on Lake Garfield, Saturday, February 26, at 1:00 p.m. Participants are advised to dress warmly, bring fishing permits and gear if you have any; otherwise, just come. Belly-warming snacks will be available. Meet in the parking lot of Greene Park. From there we will locate good access to the Lake. For information, call Susan Sellew, 528-2138.

Food Storage in Root Cellars, sponsored by the Monterey Energy Project, Wednesday, March 9, 7:00 p.m., in the Social Room of the United Church of Christ. Ron Kujawski of the Cooperative Extension Service will present slides and information. Call Bud Rodgers, 528-9338, for information.

MAPLE SUGARING DEMONSTRATION at Joe Baker and Bonner McAllester's sap-house, Saturday, Mar. 19, 1-3PM. Tour sugarhouse, tapping trees, discuss small scale operations and marketing. For registration and directions, call 528-9385 or 528-1988.

★ The next general meeting of the Monterey Food Project will be on Wednesday, February 23, at 7:30 p.m. at Main House, Gould Farm. All interested people are welcome. The agenda will be: Community Garden, Spring Workshops, and Food Parks in Town and in the Local Schools.

"It takes more than an apple a day."



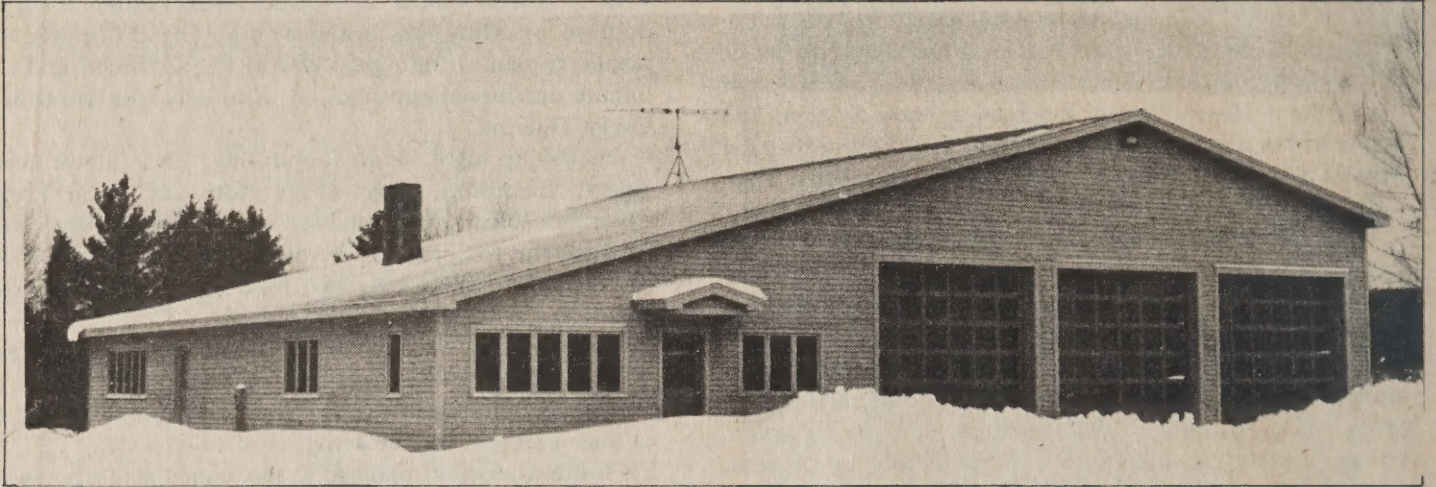
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Fire Chief Ray Tryon

FIRE COMPANY NEWS

The only real winter weather we've had this year dumped all its snow just ahead of our scheduled Open House, and it had to be postponed a week. We were ready, no kidding. Most were glad to see some snow at last, but the timing was poor. A few turned up anyway and toured the station in the warmth and quiet that snowbound Sunday. A week later we held the party and it rained all day. Still, a few hundred Montereyans, firemen from neighboring towns, tradesmen who worked on the place, suppliers, and their families came for a looksee, a glass of punch and a bite to eat. All were pleased and impressed.

On the Friday between those Sundays, the benefit contra-dance donated by Joe Baker and Bonner McAllester was held. So as luck would have it this was the first official public gathering at the new firehouse. With the trucks parked to one side, there was still plenty of room for dancing, and we put our feet to polishing that new deep red epoxy floor finish all we could and then some. The plain sound of hammered dulcimer and guitar filled the room full. Bonner said the acoustics for playing pennywhistle were as good as any shower. Wallace Tryon didn't cut the rug that night, but his eyes were dancing. We want to thank Mountain Laurel Band for their unique contribution to the firehouse effort. And thanks to Milly Walsh, Taft Farms and Roadside Store for providing refreshments.

Space heaters have been in the news lately. Saturday's *Eagle* (January 29) carried the story of eight people in Alabama who died of carbon monoxide poisoning because they used an unvented gas space heater in a room with windows shut tight. Closer to home, Springfield firefighters brought charges against a man whose house burned, confiscating a kerosene space heater prohibited by law. In December a public relations officer of an Ohio company marketing portable kerosene heaters wrote a letter to the *Eagle* defending the safety record of modern heaters. With all this press, the likelihood of general confusion grows. Here's what sound information we could come up with.

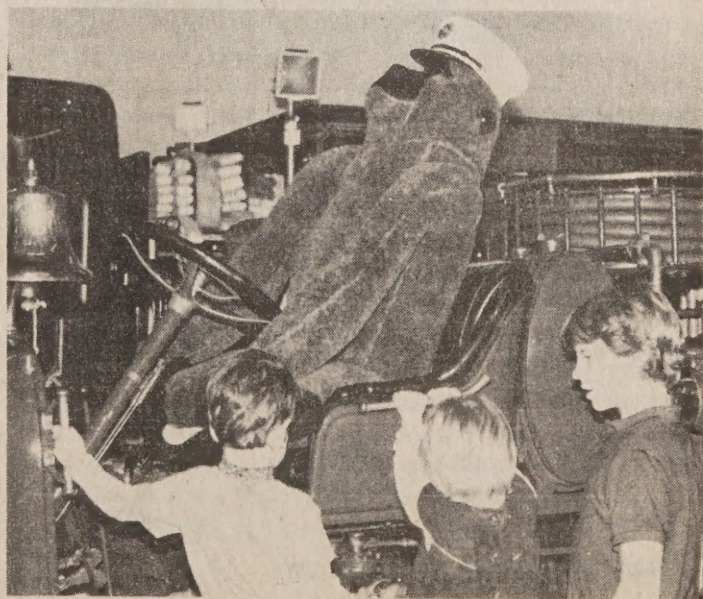
Massachusetts General Laws, Chapter 148, has one section prohibiting the sale of secondhand space heaters, and a second section which says, "No person shall install, or use in

any building which is used in whole or in part for human habitation an unvented space heater which uses gas or oil as a fuel." Violation brings a fine. The law is that simple.

The dangers of space heaters are twofold. For one, a portable heat source can easily end up too close to combustible material through carelessness and cause a fire. Older styles were easily tipped over. Modern heaters usually have a low center of gravity and automatic shutoff mechanisms in case they're knocked about, so that hazard has been effectively reduced.

The other danger stems from the combustion process. An unvented heater burning kerosene uses oxygen and gives off carbon monoxide and sulfur dioxide. Carbon dioxide is the only combustion byproduct of a properly adjusted gas heater. Poor adjustment can result in carbon monoxide fumes. In the case of the kerosene heater, use in a closed room with no access to fresh air from other rooms or the outdoors simply replaces oxygen with poison. Use of a properly adjusted gas heater in such an unvented situation would still result in oxygen depletion. Most modern gas heaters have sensors that automatically shut off the unit when the amount of oxygen in the air around the heater goes below a certain safe level. New models of kerosene heaters are efficient burners (in his letter the PR man claimed their heater gives off less carbon monoxide than a cigarette) but most specify the use of #1K fuel. This is kerosene with no more than .04% liquid sulfur content by weight. Grading of fuel oils and kerosene can be confusing. Number one fuel oil, or range oil, has a .18 sulfur content; it is not #1K kerosene. Availability of this highly refined kerosene is extremely limited presently. Manufacturers specify the use of low sulfur kerosene in unvented space heaters to reduce the amount of sulfur dioxide in the combustion byproduct. Without being lethal, this gas can still be an unhealthful toxic irritant.

There's the information. Use the same good common sense you do around your woodstove, or crossing the street, and chances are you'll have a long and healthy life.



Owen Freeman, Myra Raney and John Blount admire Ray Tryon's 1929 Seagrave fire engine manned by the MFC mascot.

LOCAL LORE

SOME THOUGHTS ON PIG RAISING



The growing of a pig for the family pork supply can be an economical and rewarding project, but the sad fact is that many pigs are fed nutrient-deficient diets and are kept in unpleasant surroundings, both of which decrease their efficiency. A well-bred, well-fed piglet (\$30-35), approximately six bags of hog feed (\$60-70), and about five months of your good care will give you a 225-pound hog that will dress about 170 pounds and yield the following: 30 pounds of ham, 20 pounds of bacon, 30 pounds of shoulders, 20 pounds of loin, seven pounds of ribs, 18 pounds of sausage, 20 pounds of lard, and five pounds of organ meats.

A young pig weighing less than 125 pounds needs a diet rich in minerals and vitamins with a protein content of 18%. A pig fed on household scraps, garden waste and some corn will not make good gains. In addition to being cruel to the animal, it is an uneconomical way to grow your pork. A pig that is underfed, especially when young, will take many more pounds of feed to yield the desired amount of meat and the quality will be lower. This is not to say that pigs shouldn't be fed kitchen scraps and garden trimmings; they make good use of them as supplements to a balanced hog feed.

Pigs will also make faster gains if they are allowed to have a clean pen. This has as much to do with their happiness and peace of mind as with sanitary considerations. They will try very hard to keep their pen tidy. If given enough space they will keep all their manure in one corner of the pen. If that corner or any other part of the pen gets too wet or messy, they will give up housekeeping and won't be happy about it. Your job is to keep their corner cleaned out and the rest of the pen dry and well bedded. You will be rewarded for your efforts.

— Susan Sellew
Rawson Brook Farm



GARDEN SEEDS AVAILABLE

The Monterey Food Project has some salad garden "kits" available which include seeds and planting instructions. The Basic Kit has 13 packets of seeds and costs \$4, and the Elaborate Kit has 23 packets of seeds and costs \$8. The seeds are on order through the Fedco seed buying co-op and will arrive about March 15. If you'd like more information about these kits or would like to order one, call Susan Sellew at 528-2138.



WHAT COLOR IS YOUR STAR?

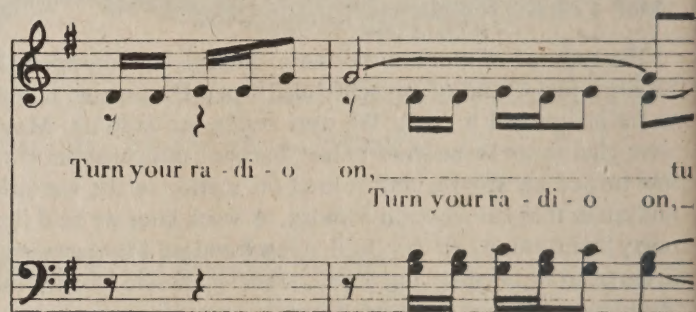
When Sirius blazes away in the southern winter sky, you'd think his white heat must bake away some of that bone-chilling cold. No such luck; he's too far from us to do any

good, even though he is almost as hot as stars can get. Spica in Virgo is even hotter, blue-white in color, burning fiercely and rapidly. Another one of those stars burning the candle at both ends is Rigel, who marks Orion's knee. Orion's shoulder is formed by cool Betelgeuse, an old red giant. Antares in Scorpio is also a red giant, visible in the summer sky.

Between *blue-white* Spica and *red* Betelgeuse lie *white* Sirius, the dog star, and Vega in Lyra. *Yellow-white* Procyon, the little dog, follows Orion. *Yellow* Capella in Auriga is the same kind of star as our own Sun. *Orange* Arcturus in Bootes marks the arrival of spring, while Capella in Auriga heralds the fall.

Arcturus is my favorite star. In spite of his chilly name, his arrival in the evening sky signifies spring. His gentle, orange color predicts the warm nights of summer to come. But right now I look at the hottest visible star of all, Iota Orionis in Orion's sword, and all I can do is shiver in my boots.

— Loul McIntosh



THE RADIOPHILE

WTCC (90.7 FM), like many college radio stations, offers a variety of "ethnic" programming to serve the local community. Weekday afternoons from 2:00 to 4:30 they play popular Latin American music. It's not salsa. The name of the show says it all—"Echos del Rhythmo," muzak with a Latin beat.

One program we never miss is the Sunday morning gospel show. This show is hosted by a preacher, and he does interject some of his stylized preaching, "taking you to the top of the tower." He plays a wide range of recorded gospel music from big stars like Five Blind Boys to tapes of small church choirs. He also has live guest preachers occasionally. This show starts at 6:00 or 6:30 a.m., although it's not scheduled to begin until 8:00 a.m. and is on until 11:00 a.m.

There's another gospel show on Sunday morning from 8:00 to 10:00 on WMUA (91.1 FM) from the University of Massachusetts. This program is more subdued. There are announcements and dedications, but no preaching. The announcer is more polished and the music less raw.

WMUA broadcasts another one of my weekly favorites on Saturday morning from 8:00 a.m. to 1:00 p.m., five hours of polka music. The first hour and a half is hosted by Roger F., who interrupts the music with horn honking, the sound track of Pac-Man and so forth. The rest of the "Polka Bandstand" is hosted by Billy Bolina. He's a fast talker and keeps up a steady repartee with anyone who happens to be in the studio with him. He doesn't interrupt the music. Both are really dedicated to promoting the polka beat. They have a lot of fun doing their shows and the up tempo is contagious.

— Leslie Scutellaro

LOCAL LORE (continued)



WABASO, THE SNOWSHOE HARE

This is winter, a serious time for animals. But if it brings hardships, winter also has its compensations. For those of us who like to study the activities of animals in the woods, winter brings that great record-keeper, snow. We can wake up in the morning, go out in the bright sunshine, and read stories of what the shy nocturnal creatures do while we sleep. Now is the time to look for the large oval track of the snowshoe hare.

The snowshoe hare, varying hare, or "wabaso" of the Ojibway is described by Ernest Thompson Seton as the "product of a snowdrift crossed with a Little Brown hare." Although it weighs only three or four pounds, the snowshoe hare has a hind foot five and a half inches long and two inches wide. This is larger than the foot of the western "jackrabbit," a hare of six or more pounds. There is some confusion (in what one early naturalist refers to as "the public mind") as to the difference between a hare and a rabbit. Both are rodents and both belong to a subgroup of rodents, the lagomorphs, characterized by having two small, mysterious teeth just behind (not beside) the two big upper incisors. Rabbits, hares and pikas have these odd two rows of two teeth which are of great significance to the taxonomists but of little use to the animals. Hares are larger than rabbits. They have very long ears and "the absurdly long hind legs typical of the tribe" (Stone and Cram, 1902). Hares can run up to 30 miles per hour, even in thick woods, and can leap ten or twelve feet at a bound. Their hind legs are so much longer than their front ones that they can't walk but must hop. One observer commented that the front legs seem to serve no other purpose but to hold up the front end of the animal. It is true that most rodents, such as chipmunks, squirrels and mice, can sit up on their haunches and nibble at food held in their front paws. Rabbits and hares cannot do this. They are built differently, with their front leg bones positioned so that they can't be turned inward.

The arctic fox, weasel, ptarmigan and snowshoe hare are among the few animals that change color to white in winter. Because of this ability, the snowshoe hare is also called the varying hare. There have been many marvelous explanations of this change. One early scientist thought the fur turned white as a result of the animal's eating snow. Others thought the fur was bleached in the autumn sun. In fact, as with many seasonal changes in the appearance and behavior of animals, the process is triggered by changing day length or photoperiod. As the days become shorter, the eye receives less light. This causes the pituitary to become inactive and, since it control the pigment which goes into the hairs, the new fur of the next moult will have no pigment and will be white. The summer coat, which is brown or reddish-brown, is shed, and the heavier winter one grows in white. This new outfit takes ten weeks to grow in, and during that time the snowshoe hare is splotchy. The new white fur comes in first at the feet and ears, and finally at the head and back. In the spring, when the days lengthen again, the process is reversed, with the head and back changing to brown first, and finally the feet and ears.

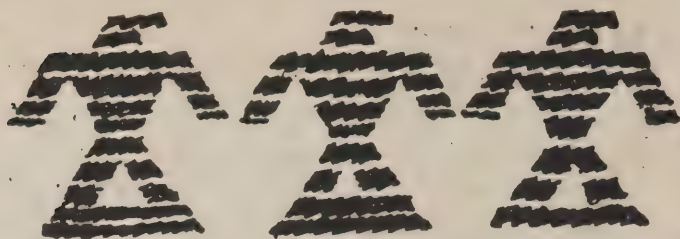
The snowshoe hare is the only mammal of the woods whose ability to move around is not seriously hampered by deep snow. Its hind feet are unusually large, and the toes are long and splayed far apart. The winter fur on the hind feet is long and bristly, making effective snowshoes. During the day the white hares hide in their nests, but at dusk and at night they sail through the snowy woods on their huge feet and browse on dead grass, buds, poplar bark, white cedar and spruce. Because of their fondness for evergreen needles, twigs and bark, snowshoe hares become full of resin in winter, and many people find the meat to be unpalatable except in summer, when the diet changes to clover and other herbaceous plants.

When the days lengthen and the sap begins to run, the snowshoe hares enter their mating season. In New England this begins in March. The bucks chase the does through the woods and sometimes fight each other, giving rise to folk references such as "mad as a March hare" and "hare-brained." One observer watched a doe tear through the woods with a buck in hot pursuit. As the male closed in, the doe made a wild leap straight up in the air, twisted 180° and came down running in the opposite direction. The bewildered buck ran right beneath her and lost time to incomprehension and circling around.

The range of the snowshoe hare includes Alaska, Canada, the northeastern United States and the eastern mountains as far south as Virginia. In the west they are found in the Rockies and in the California Sierra Nevada mountains. Some people feel that the white hares were once more numerous in New England but that they have been driven out by their aggressive small cousin, the cottontail rabbit, which preys upon the nests of hares. Their camouflage is so good that they are always hard to spot on the ground, but I saw a snowshoe hare recently fly through the woods across a path in a pine forest in Maine. It was a sight I'll always remember, like a silent white ghost travelling at top speed, about four feet from the ground.

— Bonner McAllester

LOCAL LORE (continued)



motif by Stockbridge Indians - twisted bag

INDIAN NOTES

Mahican Prehistory

The earliest traces of Indian life in New England are very old, indeed: 12,000 years ago! When the glaciers were melting, forming huge lakes in our present river valleys, nomadic Indian hunters were camping along the shores, living on the abundant fish and wild fowl. They also hunted big game, perhaps including mastodons, across the barren lands dotted with small clumps of spruce and willows. Archaeologists have dated, by radiocarbon evidence, the following periods:

Palaeo-Indian. 10,000-8,000 BC. Boreal (arctic) environment, slowly changing to pine and oak forests. Nomadic hunters with large array of flint knives, scrapers, hammerstones and spearpoints. Rich meat diet, warm clothing of leather and furs.

Archaic. 8,000-1,500 BC. Oak forests predominate. Bone fishhooks and harpoons added to fishing tools. Wood worked with adzes and gouges. May have had dugout canoes. Pestles for grinding wild seeds. Beads, amulets and other carved stone, preserved traces of religious/aesthetic life.

Transitional. 1,500-1,000 BC. Environment like present-day New England. Soapstone bowls suggest soups and boiled food in use. Cremation burials give hint of new religious practices.

Woodlands. 1,600 BC-1,550 AD. Agriculture: pottery, baskets, hoes, corn, beans, squash. Tobacco and pipes. Bows and arrows in use. Palisaded villages indicate settled life, complex social organization, and also warfare.

Contact (Historic) Period. 1,550 to present. European axes, knives, glass beads, kettles, etc. Metal drills made wampum and other small beads possible. The huge inventory of stone tools became obsolete. Golden period of trade goods followed by devastating new diseases, loss of land and virtual extinction of Indian culture.

Revival. 1960s to present. New tribal organizations, Indian cultural centers, seasonal festivals and powwows are indications of an impetus to retain or rediscover basic Indian philosophic and religious values. Land suits have rectified in the courts some of the fraudulent dispossessions of 150 years ago.

Though it is impossible to be sure, the distribution of the Algonquin language stock all through New England suggests that the Indians of the Archaic, and even the Palaeo-Indian, period may have been the direct ancestors of historic tribes such as the Mahicans. The 2,000 years of settled life in the Woodlands period would account for the development of the minor linguistic and cultural differences recorded from one tribe to another in historic times.

ASSESSORS REPORT

The Board of Assessors will be doing its state-mandated, every-other-year revaluation of property in Monterey soon. You can expect to see members of the B of A lurking around private property in town, especially on Saturdays, from now on.

BERKSHIRE CONSERVATION TREE SEEDLING PROGRAM

The Berkshire Conservation District's annual tree seedling program is in progress and will be open until March 15. Seedlings are being offered to Berkshire County landowners at low prices for reforestation, erosion control, Christmas tree farms and beautification. Pine, spruce and fir are offered, plus Canadian hemlock, yews, dogwood and ground covers. This year the District will also be offering black walnut trees and blueberry bushes for sale.

All proceeds from the program will be used by the District to assist local landowners with information and technical assistance to improve the environmental quality of Berkshire County.

Tree seedling pickup will be on April 29 and 30 at Fisheries and Wildlife Headquarters. Anyone interested can write the Berkshire Conservation District, 78 Center Street, Pittsfield 01201.

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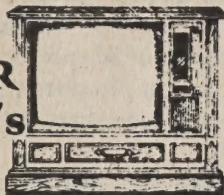
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LETTER TO THE EDITOR

Greetings, and congratulations for a job well done. It has been a fascination to watch the growth and development of this little country newspaper which, monthly, has news to offer the residents and homeowners of the town. The layout seems especially appropriate given the contents, limitations of funds, and your need to accommodate local ads.

My latest issue arrived today [February 3]. And, as usual, it announces a host of events for January. Last month it was the same: the paper arrived after a host of events for December had already taken place.

And so, I offer a modest suggestion: Is it not possible that most of these events are on a calendar in advance, so much so that they could actually be announced in advance of an issue rather than after the fact? I know how much I would appreciate it, for although I come to Monterey about 25 times per year, usually for weekends, it is often possible to rearrange schedules in order to attend something of great concern to me. I cannot very well do this after the event.

I hope you will consider this a useful suggestion, and know how much many of us non-residents might appreciate the adjustments.

— Elliot Seiden
Dobbs Ferry, New York

Mr. Seiden: Our sympathies. The Monterey News comes out about the fifteenth of each month. Our good, cheap mail rates slow out-of-town mailings down to a donkey's pace. Some of our readers with frustrations like yours have sent us first-class postage for their Monterey News. It costs 20¢ an issue, but it gets there faster! Thank you for your commendations.—The Editor.



Lonely Snow Plow, Winter '82.

Photo by Dede Cummings

Dear Editor:

I want to publicly express my appreciation of the tremendous effort the Monterey Road Crew has made during this most recent storm.

The roads have been just as clear as they can possibly be, and as I have a fair amount of driving to do, I've felt much safer and easier about doing it.

Winter isn't an easy time but, thanks to the Road Crew, we're all having an easier time of it.

Sincerely,

Judith Freeman

PERSONALS

Stefan Grotz announces the relocation of his law office from his home in Monterey to 292 Main Street in Great Barrington. His office telephone number is 528-0055.

Stefan is very happy in his new office and enjoys working in Great Barrington. He reports that he feels as though he's "come home" and welcomes visitors at his newly set-up office.

Certified Public Accountants William A. Stevens and Thomas R. Dawson announce the formation of a new partnership. The new firm, which will offer a full range of services, including business accounting, auditing and tax preparation, is operating under the name of Stevens and Dawson and is located at 312 Main Street in Great Barrington.

Mr. Stevens, who is a resident of Monterey, received his Bachelor of Science Degree in Economics from Niagara University and his Accounting Degree from Pace University. He has been a practicing Certified Public Accountant in Berkshire County for the past twenty-five years.

Mr. Dawson, who is a resident of Sandisfield, received his Bachelor of Science Degree in Accounting from Utica College of Syracuse University and has been practicing in the area for the past nine years. He is a former resident of Hillsdale, New York.

Both men belong to the American Institute of Certified Public Accountants and the Massachusetts Society of Public Accountants.

MARTIN J. MELLON DIES

Martin J. Mellon, 78, of Brett Road, Monterey, died January 17 after a long illness. Born in Utica, New York, he had been a resident of South Berkshire since 1961, and was a former advertising salesperson for radio station WSBS. He is survived by his wife, Edith Dutton Mellon, with whom he had celebrated his 55th wedding anniversary in November. He is survived by three sisters, a daughter and three granddaughters. Burial in the spring will be in Corashire Cemetery.

POLICE LETTER

I want to take time to thank all our neighbors and friends with their well wishes and wanting to help in any way during my recent two surgeries at Hillcrest Hospital. All is well now and I am feeling better every day.

I also want to thank Dan and Jim on a great job done in my absence.

Jim Bynack has now passed his final exam at Police School—firearms course and medical course. Good job, Jim.

Again, "thank you" to all my friends.

Respectfully,

Doug Lyman
Chief of Police

CALENDAR

Black History

Monday, February 14-Sunday, February 20—Black History Celebration, Exhibit: "The African-Afro-American Connection," photographs of blacks in Western Massachusetts and of Africa by Jeannette Davis-Harris of the Department of Education, Commonwealth of Massachusetts and adjunct member, W. E. B. DuBois Afro-American Studies, U/Mass. Simon's Rock Library Atrium. Hours: Mondays-Thursdays, 8:00 a.m. to 5:30 p.m., 6:30 p.m.-midnight; Fridays, 8:00 a.m.-9:00 p.m.; Saturdays, noon-9:00 p.m.; and Sundays, noon-midnight.

Friday, February 18—Black History Celebration, South Berkshire Concert: Jazz great Archie Shepp and Friends, who have performed on the tenor saxophone with John Coltrane and Cecil Taylor, will present a homage to W. E. B. DuBois. Simon's Rock Arts and Recreation Center; 8:00 p.m. Admission, \$4.00; students and senior citizens, \$2.50.

Country Dance Schedule

Saturday, February 26—Contradance for intermediate dancers at the Sheffield Grange, 8:30 p.m. Mountain Laurel Band, with Joe Baker calling.

Saturday, March 12—Country dance for families, beginners and children at the Sheffield Grange, 8:30 p.m. Mountain Laurel Band, with Joe Baker calling.

For information about any of these events, call 528-9385.

Dance

Saturday, February 19—Dance Workshop: Jessica Wolf, who has taught at the American Dance Festival, SUNY/Purchase, and the Circle in the Square Theatre School, will teach the principles of Alexander Technique as applied to performance situations and daily activities. Simon's Rock Dance Studio; 10:00 a.m.-12:30 p.m. Admission, \$4.00. *Limited enrollment*; to register call Phyllis Richmond, 528-0771, extension 284.

Films

Tuesday, February 15—*State of the Union*, starring Katharine Hepburn and Spencer Tracy, will be screened at The Berkshire Athenaeum at 7:30 p.m. Admission is free. Directed by Frank Capra, the 1948 drama is based on the play by Howard Lindsay and Russel Crouse. Tracy portrays an idealistic businessman pushed by special interest groups to become the presidential candidate of the Republican party. Aided in his campaign by Hepburn, as his wife, he is soon torn between conscience and "backroom" political dealings. In black-and-white, the film runs for 110 minutes.

Thursday, February 17—*Los Tarantos*, a gypsy dance flamenco version of Shakespeare's *Romeo and Juliet* with the Carmen Amaya Dance Company. Simon's Rock Lecture Center; 7:00 p.m. A donation of \$1.00 for adults and \$.50 for children is requested from those without Simon's Rock Film Society Membership.

Friday, February 18—*Dersu Uzala*, a warm, wonderful film by Kurosawa depicting the relationship between men and their environments; and the Marx Brothers' 1938 comedy *Room Service*. Simon's Rock Lecture Center; 8:00 p.m. A

donation of \$1.00 for adults and \$.50 for children is requested from those without Simon's Rock Film Society Membership. *Sunday, February 20*—*Room Service* and *Dersu Uzala*: for details, see February 18 above. Simon's Rock Lecture Center, 7:00 p.m. A donation of \$1.00 for adults and \$.50 for children is requested from those without Simon's Rock Film Society Membership.

Sunday, March 6—*Monterey Lights the Way*, documentary on Monterey, to be shown at 3:30 p.m. at the Berkshire Museum in Pittsfield.



Edith Wilson, our Art Editor.



DEMOCRATIC CAUCUS RESULTS

At the Monterey Democratic Caucus, February 5, Fred Lancome was elected delegate to the State Caucus. Susan McAllester was elected alternate delegate.

ACKNOWLEDGMENTS

The *Monterey News* thanks the following for their contributions this month: James Chase; M/M David Balderston; Virginia Cesario; Raymond F. Kirby, Sr.; Miriam C. Hodgkins; M/M J. Robert Pipal; Kay Sellow.

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